

PRESCHOOL

PROGRAMS & CLASSES

For our youngest residents, these kid-friendly classes are geared to learning about the world through exploration.



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	10:00 am-10:45 am	Jan 5-Feb 2*	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Jan 8-Jan 29	\$48	18 mos-3 yrs
Flah Park	M	10:00 am-10:45 am	Feb 23-Mar 16*	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Feb 12-Mar 5	\$48	18 mos-3 yrs

*No class Jan 19 or Feb 16

Preschool Art

Students will enjoy stories and art projects based around a theme. Students will explore basic art techniques through many different mediums. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	11:00 am-12:30 pm	Jan 5-Feb 2*	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Jan 8-Jan 29	\$48	ages 3-5
Flah Park	M	11:00 am-12:30 pm	Feb 23-Mar 16*	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Feb 12-Mar 5	\$48	ages 3-5

*No class Jan 19 or Feb 16

Valentine Factory

In this workshop, we will have fun making Valentine's Day crafts and learn about the art of print making. Please bring a snack. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	10:00 am-12:00 pm	Feb 7	\$20	ages 3-5
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Dance

Creative Movement

This class will guide your child in the discovery of pre-ballet, tap, and jazz through exercises that build coordination, gross motor skills, and bonding relationships. Students will perform a routine using the skills they have learned at the end of the session. Parents may participate if your dancer needs you to. **REQUIREMENTS:** *Girls:* leotard, tights, hair up and pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	9:00 am-9:30 am	Jan 5-Feb 9*	\$38	ages 2-3
WFCH	M	9:00 am-9:30 am	Feb 16-Mar 16	\$38	ages 2-3

*No class Jan 19



Tiny Ballerinas

Dancers will gain ballet technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the room. They will apply these skills in a new routine that they will perform for friends and family at the end of each session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	9:30 am-10:00 am	Jan 5-Feb 9*	\$38	ages 3-5
WFCH	M	9:30 am-10:00 am	Feb 16-Mar 16	\$38	ages 3-5

*No class Jan 19

Ballet/Tap/Jazz Combination

Dancers will gain ballet, tap, & jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in 3 new routines that they will perform for friends and family at the end of each session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, t-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	10:00 am-11:00 am	Jan 5-Feb 9*	\$38	ages 3-5
WFCH	M	10:00 am-11:00 am	Feb 16-Mar 16	\$38	ages 3-5

*No class Jan 19

Fitness

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	Th	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs
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Special Events

Elsa and Ana's Frozen Wonderland

Children spend the day with their favorite *Frozen* characters—Elsa and Ana. Join the royal sisters for a day filled with fun crafts and activities. Be a part of the beloved adventure through an interactive storytime where every child has a role. Program includes two craft projects led by each sister: "Do you want to build a snowman?" craft with Ana and "Decorating Magical Snowflake Wands" with Elsa. Queen Elsa leads the girls in a special princess lesson activity and concludes with a coronation ceremony where each girl is crowned by Queen Elsa. Each girl also receives a special princess certificate from Princess Ana. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Jan 24	\$35*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Jan 24	\$35*	ages 3-7

*Parents admitted free

Valentine's Princess Boutique and Ball

Little princess friends gather from near and far to celebrate with Cinderella and Sleeping Beauty for a Valentine's Boutique and Ball! Each girl should arrive elegantly dressed in their favorite princess ball gown. Upon arrival, Cinderella and Sleeping Beauty will treat the girls to a mini boutique. Each girl will be pampered with hair, nails and make-up in preparation for the ball. Parents are invited and encouraged to join your princess during the final 30 minutes of the event as she walks down the red carpet to reveal her princess make-over and enjoy dancing at the ball with Cinderella and Sleeping Beauty. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Feb 14	\$50*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Feb 14	\$50*	ages 3-7

*Parents admitted free

Carolina Puppet Theatre

Wednesday, Dec 3 and 17; Jan 7 and 21;
Feb 4 and 18 ~ 11 am
Wake Forest Renaissance Centre

NEW SHOW EACH MONTH! The wacky Gabardine Sisters and their super-duper star puppet, Bartlet, entertain audiences with storytelling, music and puppetry. Full of mayhem, these fast-paced, interactive shows are a delightful experience for young children. Geared for ages 3-7. **Tickets:** \$5. (see back cover for ticket information)

